

## Training and Professional Development

## Autism & Attention Deficit Hyperactivity Disorder (ADHD)

This short course aims to increase awareness and understanding of Autism and ADHD and to improve competence and confidence for staff support and enabling individuals

COURSE OBJECTIVES
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- To increase awareness and understanding of Autism and Attention Deficit Hyperactivity Disorder (ADHD) including signs and diversity
- To understand the triad of impairments and associated key characteristics and sensory diversities for ASD
- To discuss the key aspects of support and the qualities needed to effectively work with people with an ASD/ADHD
- To be aware of some of the co-occurring conditions and individual aspects of neurodiverse conditions
- To dispel myths and stereotypes and improve understanding to ensure equality, diversity and inclusive practices for all
- To review accountabilities and responsibilities and duty of care

COURSE NOTES	
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This course will include the opportunity for group discussion

Duration: Half day

Who should attend: Nurses, All Care/Support Workers, Managers/Seniors

Certification: Certificate of Attendance

Travel Charge: Dependent on Location