

# Upcoming Courses

DATE	TIME	COURSE	VENUE	COST PER PERSON
Thurs 22 <sup>nd</sup> January	1:30pm-4:30pm	<b>BD BodyGuard T Syringe Driver</b> For registered nurses. Includes a self-assessment of competency and opportunities to practice calculations and refresh knowledge of anticipatory medicines.	TiHC	£125 + VAT
Tues 3 <sup>rd</sup> February	9:30am-12:30pm	<b>Nutrition and IDDSI</b> Develop understanding of person-centred nutrition and the IDDSI Framework. Includes a practical session to test IDDSI Levels using food and drink.	TiHC	£125 + VAT
Thurs 5 <sup>th</sup> February	9:30am-12:30pm	<b>i-Stumble Falls Prevention &amp; Post Falls Management</b> Learn to recognise individual risk factors and explore practical ways to reduce the risk of falls. Includes guidance on safe and effective post fall management.	TiHC	£79 + VAT
Mon 16 <sup>th</sup> February	9:30am-12:30pm	<b>Verification of Expected Adult Death</b> For senior care staff and nurses in adult social care settings where organisational policy and GP practice support this procedure. Based on Hospice UK and local guidance. A refresher is advised every two to three years.	Zoom	£125 + VAT
Wed 25 <sup>th</sup> February	10am-4pm	<b>Advanced Medicines &amp; Audits</b> For managers, senior staff, and nurses. Strengthens knowledge to support and promote safe medicines practice. Mapped to all CQC Regulation 12 requirements.	TiHC	£175 + VAT
Wed 4 <sup>th</sup> March	9:30am-12:30pm/1pm	<b>Phlebotomy</b> A comprehensive introduction or refresher for Nurses that includes correct technique and procedure practice using a clinical model.	TiHC	£125 + VAT
Wed 4 <sup>th</sup> March	1:30pm-4:30pm	<b>Catheterisation for Male, Female and Suprapubic</b> For Nurses who want to learn safe and effective catheterisation techniques for male, female, and suprapubic procedures.	TiHC	£125 + VAT
Thurs 12 <sup>th</sup> March	1:30pm-4:30pm	<b>Tissue Viability, Pressure Area and Wound Care</b> For all staff who want to build confidence in maintaining healthy skin, preventing deterioration, and supporting wound healing.	TiHC	£125 + VAT
M/T/W 23 <sup>rd</sup> , 24 <sup>th</sup> , 25 <sup>th</sup> March	9:30am-4:30pm	<b>Moving and Handling Train the Trainer (3 Day Course)</b> Designed for senior or experienced staff who will deliver moving and handling training within their organisation. Builds strong knowledge and practical teaching skills.	TiHC	£695 + VAT
Fri 10 <sup>th</sup> April	1:30pm-4:30pm	<b>McKinley T34 Syringe Driver</b> For Nurses. Includes a self-assessment of competency, calculation practice, and a refresher on anticipatory medicines.	TiHC	£125 + VAT

TiHC is located at 15 Hurricane Way, Norwich, NR6 6EZ.

[training@tihcuk.com](mailto:training@tihcuk.com)

# Upcoming Courses

Training in  
Healthcare

People Training People

DATE	TIME	COURSE	VENUE	COST PER PERSON
Wed 22 <sup>nd</sup> April	9:30am-4:30pm	<b>Moving &amp; Handling Train the Trainer Update Day</b> A one-day update recommended every 12 to 18 months for all trainers, following Back Care Association guidance.	TiHC	£175 + VAT
Tues 5 <sup>th</sup> May	1:30pm-4:30pm	<b>Effective Communication</b> Develop communication skills, understand discriminatory practice, and actively promote dignity and respect for the people you support.	TiHC	£79 + VAT
Wed 13 <sup>th</sup> May	9:30am-12:30pm	<b>Dementia: Advanced Approaches</b> An in-depth session exploring signs and symptoms of dementia along with practical strategies for offering person centred support.	TiHC	£79 + VAT
Wed 13 <sup>th</sup> May	1:30pm-4:30pm	<b>Understanding Dementia in Learning Disability Services</b> Understand how dementia presents in people with learning disabilities and gain practical approaches for delivering person centred care.	TiHC	£79 + VAT
Tues 26 <sup>th</sup> May	9:30am-12:30pm	<b>Record Keeping Best Practice</b> A focused session designed to improve confidence and accuracy when recording daily care interactions, assessments, and support plans.	TiHC	£79 + VAT
Tues 26 <sup>th</sup> May	1:30pm-4:30pm	<b>Behaviour Support and De-Escalation</b> Learn to respond positively to behaviours of concern using approaches that are person centred and focus on individual needs.	TiHC	£79 + VAT
Wed 10 <sup>th</sup> June	9:30am-12:30am	<b>Mental Health and Wellbeing: Advanced Approaches</b> A detailed course that develops understanding of mental health needs and strengthens confidence in offering effective wellbeing support.	TiHC	£79 + VAT
Wed 10 <sup>th</sup> June	1:30pm-4:30pm	<b>Equality, Diversity and Inclusion</b> Build understanding of inclusive practice and learn how to promote fairness, respect, and equal opportunity in all care settings.	TiHC	£79 + VAT
Wed 1 <sup>st</sup> July	9:30am-12:30am	<b>Professional Boundaries</b> Learn how to understand, maintain, and apply clear professional boundaries to ensure safe, respectful, and ethical care.	TiHC	£79 + VAT
Wed 1 <sup>st</sup> July	1:30pm-4:30pm	<b>Autism and Learning Disability</b> A key course for staff working in social care. Develop understanding of autism and learning disabilities and learn confident, person-centred approaches to support.	TiHC	£79 + VAT

TiHC is located at 15 Hurricane Way, Norwich, NR6 6EZ.

[training@tihcuk.com](mailto:training@tihcuk.com)