

Upcoming Courses

**Training in
Healthcare**

People Training People

DATE	TIME	COURSE	VENUE	COST PER PERSON
Thurs 22 nd January	1:30pm- 4:30pm	BD BodyGuard T Syringe Driver For registered nurses. Includes a self-assessment of competency and opportunities to practice calculations and refresh knowledge of anticipatory medicines.	TiHC	£125 + VAT
Tues 3 rd February	9:30am- 12:30pm	Nutrition and IDDSI Develop understanding of person-centred nutrition and the IDDSI Framework. Includes a practical session to test IDDSI Levels using food and drink.	TiHC	£125 + VAT
Thurs 5 th February	9:30am- 12:30pm	i-Stumble Falls Prevention & Post Falls Management Learn to recognise individual risk factors and explore practical ways to reduce the risk of falls. Includes guidance on safe and effective post fall management.	TiHC	£79 + VAT
Mon 16 th February	9:30am- 12:30pm	Verification of Expected Adult Death For senior care staff and nurses in adult social care settings where organisational policy and GP practice support this procedure. Based on Hospice UK and local guidance. A refresher is advised every two to three years.	Zoom	£125 + VAT
Wed 25 th February	10am-4pm	Advanced Medicines & Audits For managers, senior staff, and nurses. Strengthens knowledge to support and promote safe medicines practice. Mapped to all CQC Regulation 12 requirements.	TiHC	£175 + VAT
Wed 4 th March	9:30am- 12:30pm/1pm	Phlebotomy A comprehensive introduction or refresher for Nurses that includes correct technique and procedure practice using a clinical model.	TiHC	£125 + VAT
Wed 4 th March	1:30pm- 4:30pm	Catheterisation for Male, Female and Suprapubic For Nurses who want to learn safe and effective catheterisation techniques for male, female, and suprapubic procedures.	TiHC	£125 + VAT
Thurs 12 th March	1:30pm- 4:30pm	Tissue Viability, Pressure Area and Wound Care For all staff who want to build confidence in maintaining healthy skin, preventing deterioration, and supporting wound healing.	TiHC	£125 + VAT
M/T/W 23 rd , 24 th , 25 th March	9:30am- 4:30pm	Moving and Handling Train the Trainer (3 Day Course) Designed for senior or experienced staff who will deliver moving and handling training within their organisation. Builds strong knowledge and practical teaching skills.	TiHC	£695 + VAT
Fri 10 th April	1:30pm- 4:30pm	McKinley T34 Syringe Driver For Nurses. Includes a self-assessment of competency, calculation practice, and a refresher on anticipatory medicines.	TiHC	£125 + VAT

TiHC is located at 15 Hurricane Way, Norwich, NR6 6EZ.

training@tihcuk.com

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Wed 22 nd April	9:30am- 4:30pm	Moving & Handling Train the Trainer Update Day A one-day update recommended every 12 to 18 months for all trainers, following Back Care Association guidance.	TiHC	£175 + VAT
Tues 5 th May	1:30pm- 4:30pm	Effective Communication Develop communication skills, understand discriminatory practice, and actively promote dignity and respect for the people you support.	TiHC	£79 + VAT
Wed 13 th May	9:30am- 12:30pm	Dementia: Advanced Approaches An in-depth session exploring signs and symptoms of dementia along with practical strategies for offering person centred support.	TiHC	£79 + VAT
Wed 13 th May	1:30pm- 4:30pm	Understanding Dementia in Learning Disability Services Understand how dementia presents in people with learning disabilities and gain practical approaches for delivering person centred care.	TiHC	£79 + VAT
Tues 26 th May	9:30am- 12:30pm	Record Keeping Best Practice A focused session designed to improve confidence and accuracy when recording daily care interactions, assessments, and support plans.	TiHC	£79 + VAT
Tues 26 th May	1:30pm- 4:30pm	Behaviour Support and De-Escalation Learn to respond positively to behaviours of concern using approaches that are person centred and focus on individual needs.	TiHC	£79 + VAT
Wed 10 th June	9:30am- 12:30am	Mental Health and Wellbeing: Advanced Approaches A detailed course that develops understanding of mental health needs and strengthens confidence in offering effective wellbeing support.	TiHC	£79 + VAT
Wed 10 th June	1:30pm- 4:30pm	Equality, Diversity and Inclusion Build understanding of inclusive practice and learn how to promote fairness, respect, and equal opportunity in all care settings.	TiHC	£79 + VAT
Wed 1 st July	9:30am- 12:30am	Professional Boundaries Learn how to understand, maintain, and apply clear professional boundaries to ensure safe, respectful, and ethical care.	TiHC	£79 + VAT
Wed 1 st July	1:30pm- 4:30pm	Autism and Learning Disability A key course for staff working in social care. Develop understanding of autism and learning disabilities and learn confident, person-centred approaches to support.	TiHC	£79 + VAT

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